

RUHS LUNCH MENU

\$4.25

ASIAN

SERVED WITH BROWN RICE OR
CHOW MEIN NOODLES

ORANGE CHICKEN (M/W/F)
SPICY KOREAN BBQ (M/W/F)
BEEF TERIYAKI (TU/TH)
TERIYAKI CHICKEN (TU/TH)
SRIRACHA ORANGE CHICKEN (TU/TH)

GRILL

SERVED WITH OVEN BAKED FRIES

BACON CHEESEBURGER
HAMBURGER OR CHEESEBURGER
RU CHEESEBURGER DELUXE
GRILLED CHEESE SANDWICH
REGULAR OR SPICY CHICKEN SANDWICH
CHICKEN NUGGETS OR TENDERS (M/W)
BBQ BEEF RIB SANDWICH (TU)
TURKEY CORN DOG (W)
HOT DOG (TH)
BRUNCH FOR LUNCH (F)

SOUTH OF THE BORDER

ALL OPTIONS ARE AVAILABLE WITH
BEEF, CHICKEN OR TURKEY &
SERVED WITH BEANS & RICE

FIESTA BOWL
WET BURRITO (M)
BURRITO (M/W/F)
BYO NACHOS (M/W/F)
STREET TACOS (TU/TH)

SERVED ON
HARD SHELL OR
SOFT TORTILLAS
OR WITH
CHIPS

DELI

DELI SANDWICHES (TUNA, TURKEY
OR TURKEY HAM)
CHINESE CHICKEN SALAD
CHICKEN CAESAR SALAD
CHICKEN CAESAR WRAP
PB&J SANDWICH
BREAKFAST BOX
PROTEIN SNACK PACK

ITALIAN

MAC & CHEESE (M)
CHICKEN PARM SANDWICH (W)
CHEESE RAVIOLI (W)
CHICKEN ALFREDO (F)
CHEESE LASAGNA (F)
PIZZA SLICE (M/W/F)
CHEESE CALZONE (M/W/F)

DOMINO'S
SMART SLICE
SERVED EVERY
TUES & THUR!

ALL MEALS INCLUDE

UNLIMITED FRESH FRUIT & VEGETABLES
CHOICE OF NONFAT CHOCOLATE MILK
OR LOW-FAT WHITE MILK
& BOTTLED WATER

*STUDENTS MUST TAKE
A 1/2 CUP OF
FRUIT OR VEGETABLE